

PrEP 101

Are you HIV-negative but at very high risk for HIV? Taken every day, PrEP can help keep you free from HIV.

What Is PrEP?

- PrEP, or pre-exposure prophylaxis, is daily medicine that can reduce your chance of getting HIV.
- PrEP can stop HIV from taking hold and spreading throughout your body.

- Daily PrEP reduces the risk of getting HIV from sex by more than 90%. Among people who inject drugs, it reduces the risk by more than 70%.
- Your risk of getting HIV from sex can be even lower if you combine PrEP with condoms and other prevention methods.



Is PrEP Right For You?

PrEP may benefit you if you are HIV-negative and **ANY** of the following apply to you.

You are a gay/bisexual man and

- have an HIV-positive partner.
- have multiple partners, a partner with multiple partners, or a partner whose HIV status is unknown—and you also
 - have anal sex without a condom, or
 - recently had a sexually transmitted disease (STD).

You are a heterosexual and

- have an HIV-positive partner.
- have multiple partners, a partner with multiple partners, or a partner whose HIV status is unknown—and you also
 - don't always use a condom for sex with people who inject drugs, or
 - don't always use a condom for sex with bisexual men.

You inject drugs and

- share needles or equipment to inject drugs.
- are at risk for getting HIV from sex.



Visit Your Healthcare Provider

- To find out if PrEP is right for you.
- Every 3 months, if you take PrEP, for repeat HIV tests, prescription refills, and follow-up.

- If you have any symptoms while taking PrEP that become severe or don't go away.
- If you don't have a provider, visit <https://prelocator.org> to locate one.



How Can You Get Help To Pay For PrEP?

- Most private and state Medicaid plans cover PrEP. If you are on Medicaid, check with your benefits counselor.
- If you have health insurance, you may receive co-pay assistance from drug manufacturers or patient advocacy foundations.
- If you are without medical insurance, consider enrolling in an insurance marketplace, manufacturer patient assistance program, or your state's Medicaid plan, if you are eligible for it.
- Learn more about paying for PrEP at www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-paying-for-prep.pdf.

For more information please visit www.cdc.gov/hiv

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of HIV/AIDS Prevention

